



*Care for the Community is not just something we say, it is the reason for everything we do.*

## Dr. Nancy Goodbar Installed as President of SCSHP

*Dr. Goodbar was installed South Carolina Society of Health-Systems Pharmacists (SCSHP) for the 2015-16 year.*

On March 15, 2015, the South Carolina Society of Health-Systems Pharmacists (SCSHP) had its annual meeting at which our very own Dr. Nancy Goodbar took the oath to be the next SCSHP President. Having served the year prior as President Elect, she will take on the term as President until 2016. Dr. Davis Amsden is current President Elect and Dr. John Pearson is the current Immediate Past President.

The mission of SCSHP is to advance public health, safety, patient care, and patient outcomes through enhancing the roles of health-system pharmacy professionals by promoting education, communication, research and legislation. The goal of SCSHP is to support and promote safe and effective pharmacy care for every person in the state of South Carolina. SCSHP is the state affiliate of the American Society of Health-System Pharmacists (ASHP).

As President, Dr. Goodbar will oversee the actions of SCSHP by planning meetings, promoting legislative items at the state government level (such as the issue of establishing provider status for pharmacists), enhancing membership benefits, as well as developing and seeking out continuing education opportunities.

*"Previous board and committee chairs have gotten great momentum going in the organization and one of my main goals is to continue that momentum to better serve pharmacists across the state and to work with the SC Pharmacy Association (SCPHA) to continue to advance the profession of pharmacy."*

*- Dr. Nancy Goodbar*



## NCPA Compounding Competition

On Saturday January 17th, Medisca and National Community Pharmacist Association (NCPA) sponsored a compounding competition at PCSP.

Presbyterian College School of Pharmacy (PCSP) hosted the local compounding competition. Designed after the national competition, groups of three competed to compound a classic component. Each group competed to compound three prescriptions from raw materials, write down proper compounding procedures, ensure appropriate labeling, assign appropriate beyond use dates, and make a recommendation on quality control.

In addition, there was a written component in which students had to perform pharmaceutical calculations and answer questions about general information regarding the compounding of both sterile and non-sterile preparations. Each group also participated in a formal debate on current pharmaceutical topics.

The excellent panel of judges was lead by Dr. Addison Livingston. Dr. Livingston is a compounding pharmacist and part owner of Hawthorne Pharmacy located in Columbia, SC. Congratulations to the winning team, Rebecca Conley, Ro-Derrick Middleton, and Dylan Porter, selected by the judges to represent Presbyterian College at the National Competition this spring (March 21st and 22nd) at the University of Florida.



## APhA-ASP Patient Counseling Competition Finalist Named

Congratulations to Courtney Meade for being named one of the 10 National Finalists for the 2015 American Pharmacists Association (APhA-ASP) National Patient Counseling Competition. The goal of the APhA-ASP National Patient Counseling Competition is to encourage student pharmacists in their efforts toward becoming better patient educators. The competition is designed to reflect changes that are occurring in practice, to promote and encourage further professional development of the student pharmacist and to reinforce the role of the pharmacist as a health care provider and educator.



## SCSHP Distinguished Service Scholars Announced

Congratulations to Lizzy Robinette and Caleb Wallace for being awarded scholarships by the South Carolina Society of Health-System Pharmacists. These students were bestowed this honor for being pharmacy students with an outstanding record of accomplishment and service to the profession of pharmacy. Only 4 scholarships were awarded this year out of the large applicant pool. Winners were chosen based on overall GPA, activity in professional organizations, interest in hospital or health-system pharmacy practice, and professional and/or community service activities.





## Clinton Community Attends March on Health Fair 5K Run/Walk

The 3rd annual Run/Walk was followed by an extensive Health and Wellness Fair at the Clinton YMCA.

It was a chilly and foggy morning on March 21, 2015, as approximately 80 people gathered for the 3rd Annual March on Health 5K Run/Walk held at Bailey Stadium at Presbyterian College. The purpose of this event is to promote the spirit of caring for our community, and to encourage healthy living. Money raised will be used to sponsor children in the Clinton YMCA Summer Youth Programs. Good health and exercise habits must begin at an early age and PCSP is passionate about sponsoring the community youth's participation in these programs.

Directly following the race, an information fair focusing on health and wellness, with the theme of "Getting Healthier One Step at a Time", was held at the Clinton YMCA. This year's Health Fair will consisted of light refreshments, a variety of health screenings, and educational booths. Activities included blood glucose screenings, foot exams, blood pressure screenings, bone density screenings, BMI screenings, antibiotic awareness, sunscreen education, chronic kidney disease education, cancer education, immunizations, smoking cessation education, breast health education, and many more.



### Ladies

Overall 1st place: Debbie Flynn  
Overall 2nd place: Jillian Ryenolds  
Overall 3rd place: Lynn Harper  
Age 20-24: Hannah Corley  
Age 25-29: Megan De Bauche  
Age 30-34: Kat Moore  
Age 35-9: Amanda Donley  
Age 40-44: Sylvia Sievers  
Age 45-49: Alicia Askew  
Age 50-54: Sabra Corley  
Age 55-69: Cindy Bodie

### Gentlemen

Overall 1st place: Michael Anderson  
Overall 2nd place: Giuseppe Gumina  
Overall 3rd place: Ben Pennisi  
Age 20-24: Brian Smith  
Age 25-29: John Mark Dias  
Age 30-34: Michael Cohen  
Age 35-39: Ryan Harper  
Age 40-44: Lloyd Sifford  
Age 45-49: Michael Stoddard  
Age 50-54: Tommy Johnson  
Age 55-59: Cliff Fuhrman  
Age 60+: Charles Moore







## Research Symposium held at Pharmacy School

The School of Pharmacy hosts its first Pharmacy Research Symposium this spring.

On January 10th, Presbyterian College School of Pharmacy's Office of Research held the 1st Pharmacy Research Symposium. The research symposium included informational workshops on the School of Pharmacy's research opportunities, over 10 scientific research seminars led by the School of Pharmacy faculty, as well as student podium and poster presentations. Three students were also awarded for having the best abstracts: Arathi Pillay (P3), Evan Bryson (P1), and Michael Cohen (P4). "The 1st Symposium in Pharmacy Research was a great success, with about 100 attendees between faculty and students (PC and School of Pharmacy). The attendance was so great that we needed to open a satellite room in which we streamed the lectures, this is something we had already prepared," said Dr. Alfonso Romero-Sandoval. "It is worth noting that the School of Pharmacy has the appropriate technology to accommodate for these situations."



## Accomplishments

- Congratulations to **Dr. Jack Fincham** who published an article in the Journal of Bottom Line Health titled "A Shocking Side Effect of Everyday Drugs" where Dr. Fincham points out the CNS side effects of commonly used medications (both OTC and prescription).
- Congratulations to **Dr. Scott Asbill** for having two publications accepted. His work investigating pain gels has culminated into two manuscripts that will be in the International Journal of Pharmaceutical Compounding.
- Congratulations to **Dr. Serge Afeli** and Dr. Eddie Grace for their efforts in Ebola education. The Ambassador of Liberia sent a thank you letter for the donations collected to help stem the tide of Ebola cases.
- Congratulations to **Dr. Zach Anderson** and **Dr. Jennifer Clements** for their manuscript that has been accepted and will be published in the Journal of American Academy of Physician Assistants titled "Afrezza: Inhaled Technosphere Regular Insulin."
- Congratulations to **Dr. Eddie Grace** and **Mackenzie Turner** for their manuscript that was published in Clinical Infectious Diseases titled "Use of procalcitonin in patients with various degrees of chronic kidney disease including renal replacement therapy."
- Congratulations to **Dr. Tommy Johnson** who had two posters accepted for presentation at the APhA Annual Meeting (Pharmacist Intervention in Reducing Atherosclerotic Coronary Heart Disease; Establishing a Hypertension Management Service).





## The Wellness Center at the Pharmacy School

Presbyterian College School of Pharmacy Wellness Center was created to serve as a resource to Presbyterian College and the surrounding community.

The mission of the PCSP Wellness Center is to promote personal and community well-being through health and resource awareness and educational programming. Programming- including employee wellness, diabetes education, immunizations, and tobacco cessation, focuses on providing the knowledge and skills necessary to improve and maintain health.

Presbyterian College School of Pharmacy Wellness Center offers a comprehensive program, Conversation Map®, designed to help participants manage diabetes through understanding of proper nutrition, medications, monitoring, exercise, and reducing risks. Active, small-group participation is the central component of Conversation Map programs. During each session, participants and a trained diabetes educator engage in discussions about health information and how it relates to their own personal experiences. After these conversations, participants are encouraged to create workable plans to use what they've learned to make the long-term behavior changes that can improve their health. This program is offered at no cost to PC employees or members of the surrounding community and neighboring counties. A referral from a primary care provider is preferred.



## Exploring Telepharmacy

The Wellness Center is working closely with the South Carolina Free Clinic Association to expand diabetes education services across the Upstate area. Telepharmacy is the delivery of health care by pharmacists via telecommunications to patients in locations where they may not have direct contact with a pharmacist. Pharmacists of the Wellness Center are connecting with patients via a secure, online computer software program similar to Skype. During the initial assessment, a comprehensive medication review is conducted in addition to determining patient baseline knowledge and skills. Through a series of visits, patients are educated on the knowledge and skills to self-manage diabetes and monitored for improvements in their disease states.



## PC Employee Wellness

In February, 260 employees participated in the free PC annual employee health screening event. Additional employee benefits include an annual flu shot and free or discounted rates for various health tests such as hemoglobin A1c (diabetes) and cholesterol monitoring at times other than the annual employee health screening. Flu shots were provided to 150 employees and their spouses in October. In total, almost 600 flu shots were provided to employees, students, and contracted businesses.





## Residency Match Day at PC

The excitement of Residency Match Day hit the Presbyterian College campus on March 20, 2015. The outcome of the matches this year included twelve PGY1 (Post Graduate Year 1) matches for PC students and three PGY2 (Post Graduate Year 2) matches for our Class of 2014 alumni.

The following students matched for PGY1 residencies:

Jessica Anderson	Jason Jones
Alisha Bradley	Kayla Lewis
Kiara Byrd-Glover	Lauren Linder
Jennifer Carter	Ginnie Messino
Ashley Cherniawski	Pat O'Day
Michael Cohen	Tramaine Young

The following alumni matched for PGY2 residencies:

Cortney Dodson  
Lyndsay Gormley  
Molly Ann Livingston

We look forward establishing and enhancing our relationships with the following institutions:

Beaumont Hospital (Royal Oak campus)  
Campbell University  
Caromont Regional Medical Center  
Cleveland Clinic  
Greenville Health System  
Georgia Regents Medical Center/University of Georgia  
Our Lady of the Lake Regional Medical Center  
Palmetto Health Richland  
Rex Hospital  
Saint Thomas West Hospital  
Saint Vincent Health System  
University of Rochester Medical Center  
Veterans Affairs Medical Center - Salem



## Taste of Culture at PCSP

On January 28th the annual "Taste of Culture" event returned to the Pharmacy School. The food was outstanding, the music was delightful, and the authentic attire and art from all over the world was wonderful. The Taste of Culture, held on January 28, truly showcased the diversity, teamwork and comradere that makes the Presbyterian College School of Pharmacy a special place to work and learn.







# SAVE THE DATES 2015



# May

**8th**  
**2015 Class Hooding  
Ceremony**  
*@ Belk Auditorium*

**9th**  
**PC Graduation**  
*@ Presbyterian College*